

WHERE: St Bees and Newry Rooms, Education and Research Centre, Building K,

Mackay Base Hospital,

439 Bridge Rd, West Mackay QLD 4740

WHEN: 31<sup>st</sup> May 2018

TIME: 09:00am - 04:30pm

## Prerequisite: Online Induction Material - Module 6

This workshop will equip workers with practical and positive strategies to assist clients who experience difficulty maintaining their drug use goals including preventing and managing relapse.

## Topics covered include:

- precursors of relapse
- the Resolution Breakdown model
- identifying high risk situations for substance use
- relapse prevention and management interventions
- practical skill development exercises.

Bookings are essential. To register for this workshop, please go to:

https://insight.gld.edu.au/training/20190531MKY/detail



Insight: Centre for Alcohol and other Drug Training and Workforce Development Metro North Mental Health – Alcohol and Drug Services

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