

WHERE: St Bees and Newry Rooms, Education and Research Centre, Building K,

Mackay Base Hospital,

439 Bridge Rd, West Mackay QLD 4740

WHEN: 30th May 2019

TIME: 09:00am - 04:30pm

This introductory workshop is designed for new and/or non-specialist workers who want to develop a better understanding of how psychoactive drugs work alongside a basic knowledge and skillset in how to support people who may be experiencing problematic substance use.

Topics covered include:

- history of substance use, statistics, prevalence and rates of use
- foundational theories and concepts
- aims and objectives of AOD treatment
- overview of the evidence what works and what doesn't...
- basic assessment and brief intervention
- basic harm reduction and managing intoxication
- personal safety, managing boundaries and maintaining self care
- making great referrals where to go for more information, training and support

Bookings are essential. To register for this workshop, please go to:

https://insight.gld.edu.au/training/20190530MKY/detail



Insight: Centre for Alcohol and other Drug Training and Workforce Development Metro North Mental Health – Alcohol and Drug Services

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