



Micro-Counselling and Brief Interventions

Core Skills

WHERE: Level 1, Margaret Rose Centre
312 Bourbong Street
Bundaberg Central QLD 4670

WHEN: 15th May 2019

TIME: 09:00am – 04:30pm

In the counselling environment, a well-established therapeutic relationship provides the necessary foundation for delivering a wide range of treatment interventions that enhance treatment outcomes. In the AOD counselling environment, brief interventions are often delivered opportunistically to raise a client's awareness of some of the issues associated with their AOD use. A sound skill in the use of micro-counselling skills can build a strong therapeutic relationship that thereby facilitates clients' optimal receipt of treatment for problematic AOD use.

Topics covered in this workshop will include:

- enhancing interpersonal communication by developing primary attending behaviours, verbal and non-verbal communication skills, therapeutic or empathic listening skills
- developing and maintaining a productive therapeutic relationship
- using kinesics and proxemics in brief intervention delivery
- recognising and overcoming barriers to effective communication
- using the FRAMES and FLAGS brief interventions models
- skills practise

Bookings are essential. To register for this workshop, please go to:

<https://insight.qld.edu.au/training/20190515/detail>



Alcohol and other drug training and
workforce development Queensland

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