

WHERE: Brampton and Carlisle Rooms, Education and Research Centre,

Building K, Mackay Base Hospital, 439 Bridge Rd, West Mackay QLD 4740

WHEN: 28th March 2019

TIME: 09:00am – 04:30pm

This full-day workshop targets practitioners who work directly with young people aged 12 - 25 years in a one-on-one capacity including youth workers, alcohol and drug workers / clinicians, child safety officers, youth justice officers, residential support workers, youth support coordinators, school-based youth health nurses, Indigenous health workers, mental health professionals, guidance officers and employment and vocational staff.

The training provides an overview of youth alcohol and other drug (AOD) use including:

- a framework for Youth AOD Practice
- history, context and background to AOD policy in Australia
- stats, figures and current trends in youth AOD use
- risk vs protective factors
- · engagement and assessment
- the Transtheoretical Model (Stages of Change)
- motivational interviewing
- brief intervention
- practical hints, tips and tricks for working with young people with AOD issues

Bookings are essential. To register for this workshop, please go to:

https://insight.qld.edu.au/training/20190328YPAD/detail



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