



“AOD Crash Course” – One Day Introduction to AOD

ROCKHAMPTON

WHERE: Dreamtime Cultural Centre
703-751 Yaamba Road,
Parkhurst QLD 4700

DATE: 22nd May 2018

TIME: 09:00am – 4:30pm

This introductory workshop is designed for new and/or non-specialist workers who want to develop a better understanding of how psychoactive drugs work alongside a basic knowledge and skillset in how to support people who may be experiencing problematic substance use.

Topics covered include:

- history of substance use, statistics, prevalence and rates of use
- foundational theories and concepts
- aims and objectives of AOD treatment
- overview of the evidence - what works and what doesn't...
- basic assessment and brief intervention
- basic harm reduction and managing intoxication
- personal safety, managing boundaries and maintaining self care
- making great referrals - where to go for more information, training and support

Registrations are essential. To register, please visit:

<https://insight.qld.edu.au/training/20180522R/detail>

NB: Participants will need to provide their own lunch.

Damien Martin and Margaret Ness
Insight Training and Education
Metro North Mental Health – Alcohol and Drug Services
Biala | Floor 4 | 270 Roma Street
Brisbane QLD 4001
Ph: (07) 3837 5655
Insight@health.qld.gov.au