

WHERE: IWC Health & Wellbeing Community Centre

184 Barolin Street, Walkervale QLD 4670

**DATE:** 17<sup>th</sup> April 2018

TIME: 09:00am - 4:30pm

This introductory workshop is designed for new and/or non-specialist workers who want to develop a better understanding of how psychoactive drugs work alongside a basic knowledge and skillset in how to support people who may be experiencing problematic substance use.

## **Topics covered include:**

- history of substance use, statistics, prevalence and rates of use
- foundational theories and concepts
- aims and objectives of AOD treatment
- overview of the evidence what works and what doesn't...
- basic assessment and brief intervention
- basic harm reduction and managing intoxication
- personal safety, managing boundaries and maintaining self care
- making great referrals where to go for more information, training and support

Registrations are essential. To register, please visit:

https://insight.qld.edu.au/training/20180417B/detail

NB: Participants will need to provide their own lunch.

Damien Martin and Dan Phillips
Insight Training and Education
Metro North Mental Health – Alcohol and Drug Services
Biala | Floor 4 | 270 Roma Street
Brisbane QLD 4001

Ph: (07) 3837 5655 Insight@health.qld.gov.au

