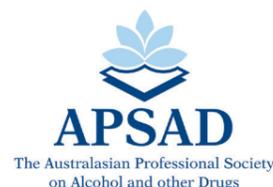


Insight Seminar Series - Semester 2, 2021



Insight Seminars are proudly delivered in partnership with the Australasian Professional Society on Alcohol & other Drugs



insight

Centre for alcohol and other drug training and workforce development

FREE – Wednesdays 10:00 – 11:00am (AEST)

Join via webinar by visiting www.insight.qld.edu.au – Select “Webinars” for more information. Insight - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655 insight@health.qld.gov.au

July 14

[ADD TO CALENDAR](#)

The Role of the Psychedelic Assisted Therapist

Melissa Warner
Secretary, Psychedelic Research in Science and Medicine (PRISM)

Psychedelic research is pointing to the potential for new treatments for a variety of psychiatric conditions. This talk will highlight the key competencies of a psychedelic therapist through an exploration of the therapeutic process from preparation, to the acute dose, through to integration, as well as next steps for these promising medicines.

July 21

[ADD TO CALENDAR](#)

Overview of Changes to The Salvation Army's Qld-based AOD Services

Sally-ann Upton
Manager, Brisbane Recovery Services Centre, The Salvation Army

The Salvation Army has been a long-standing provider of AOD services nationally. Recent national changes have resulted in a change of direction for QLD AOD services. This webinar will provide an overview regarding the updated program structure, including residential program content and length, admission criteria for services and additional services now available across the state.

July 28

[ADD TO CALENDAR](#)

Stress, Nutrition and Neuroscience, Their Relationship and Role in the Treatment of Addiction

Lisa Cutforth
Clinical Nutritionist, The Banyans

Nutrition status affects our mental and physical health, and understanding the relationship between stress, nutrition and neuroscience is an important consideration in the treatment of addiction. This presentation will explore this relationship and provide tips for workers on how to use knowledge of nutrition and neuroscience to facilitate better treatment outcomes.

August 4

[ADD TO CALENDAR](#)

QScript Learning Series 1: Introducing QScript and the New Medicines and Poisons Act (2019)

Dr Felicity Jensen
Assistant to the Chief Health Officer

Dr Bill Loveday
Director, Medicines Regulation and Quality, Queensland Health

QScript is Queensland's new real-time prescription monitoring system and is due to be released in the second half of 2021. This presentation is designed to assist Queensland health practitioners to better understand and meet their legislative requirements under the new Medicines and Poisons Act (2019) in relation to QScript.

August 18

[ADD TO CALENDAR](#)

Viva The Vagus: Practical Tips for Trauma Informed AOD Care of Refugees and Asylum Seekers

Rosa Bibby
CNC / Multicultural Mental Health Coordinator, Metro North Mental Health

People from refugee and asylum seeker populations are currently under-represented in AOD treatment services. This presentation explores possible reasons for this service under-utilisation and discuss ways to reduce barriers to accessing and retention in treatment. The talk will also offer a range of practical tips on how to make your clinical care more trauma informed and culturally capable.

August 25

[ADD TO CALENDAR](#)

QScript Learning Series 2: Having Meaningful Discussions About Opioid-Related Risks

A/Prof Suzanne Nielsen
Deputy Director, Monash Addiction Research Centre, Monash University

Access to prescription monitoring may mean health professionals have access to new information which highlights opioid-related risks. This webinar will provide tools for assessing risk and tips for pharmacists for discussing opioid-related clinical issues with patients.

September 1

[ADD TO CALENDAR](#)

QScript Learning Series 3: Is it Persistent Pain? Opioid Use Disorder? Or Both?

Dr Ian Thong
Neuroscientist and Pain Specialist, Interdisciplinary Persistent Pain Centre GCUH

Anthony Hall
Senior Clinical Pharmacist Persistent Pain Clinic, GCUH

Whilst opioids can be very effective in treating pain, prolonged and/or heavy use can cause hyperalgesia – a phenomenon in which people become hypersensitive to painful stimuli. This talk will explore the relationship between persistent pain and opioid use disorder, and the signs and symptoms that might indicate the best treatment pathway forward.

September 8

[ADD TO CALENDAR](#)

QScript Learning Series 4: Tricky Practice Scenarios: An Expert Panel Discussion

Joy Gailer
Advanced Practice Pharmacist, Drug and Therapeutics Information Service (DATIS), SA

Melanie Proper
Pain Management Specialist Nurse Practitioner

Dr Geraldine Chew
GP and Addiction Medicine Specialist

Often patient interactions can leave us uncomfortable and or questioning our clinical decision making, especially in complex cases involving high-risk medicines. Our expert panel will unpack several tricky practice scenarios and provide advice on how to create an open and safe environment for dealing with the “elephant in the room” and finding common ground with patients and other health professionals.

September 15

[ADD TO CALENDAR](#)

Social Connection, Pain and Opioid Use: the OP-ALMA Social Prescribing Project at Turning Point

Dr Shalini Arunogiri
Deputy Clinical Director / Senior Lecturer, Turning Point; Monash University

Social connection is recognised as a key ingredient to improving the quality of life for those suffering chronic pain, and an important step in reducing opioid dependence, but it is often difficult for health providers to address in traditional clinical settings. This talk will present findings from a pilot program devised by Turning Point and supported by Gandel Philanthropy that uses a social prescribing approach to enhance social connection in older adults living with chronic pain.

September School Holiday Break

October 6

[ADD TO CALENDAR](#)

SWiPE: A Novel, Personalised Brain-Training App to Reduce Alcohol Craving and Consumption

A/Prof Victoria Manning
Associate Professor, Monash University, and Head of Research and Workforce Development, Turning Point

The talk will provide an overview of the brain-training used in SWiPE (“approach-avoidance training”) and will present the findings of a feasibility, acceptability and preliminary effectiveness study conducted with over 1300 Australians who wanted to reduce harmful or hazardous alcohol use. Future research priorities and broader applications of smartphone-delivered brain-training will also be discussed.

October 13

[ADD TO CALENDAR](#)

Untoxicated - Friendship, Connection and Community Make Sobriety Easier

Faye Lawrence
CEO, Untoxicated

Faye Lawrence had been a heavy but high functioning drinker since her teens – almost 30 years – before she wound up in inpatient detox in 2017. Shortly afterwards she started Untoxicated (Booze-Free Fun and Friendship) which has grown to be a national charity and not-for-profit with almost 10,000 members across Australia. Hear how Faye created new ways for people to socialise, connect and have a good time without alcohol, so that sobriety doesn't have to ruin one's social life.

October 20

[ADD TO CALENDAR](#)

It's the End of the Road for Hep C!

Dr Joss O'Loan
GP, The Kombi Clinic

The Kombi Clinic is a four-member, Hepatitis C outreach model of care bringing all the essential elements of testing, treatment and cure to marginalised and homeless people. Their laid-back approach allows them to offer a simple and tailored service helping to destigmatise HCV and make folks feel welcome and less intimidated. This presentation will highlight the ease of diagnosis through fingerstick PoCT and Fibroscan liver assessment, on the road to Hep C elimination.

October 27

[ADD TO CALENDAR](#)

Ketamine for the Treatment of Addictions and Mental Health

Dr Nikola Ognjenovits
Medical Officer, Metro North Mental Health – Alcohol and Drug Service

Dr Ognjenovits' main interest in research is the exploration of novel approaches to addiction treatment. His latest project involves researching and introducing ketamine assisted psychotherapy as a therapeutic modality in the treatment of substance use disorders and mental health. This talk will explore how ketamine works with these conditions, how it is being used around the world and its current evidence base.

November 3

[ADD TO CALENDAR](#)

QScript Learning Series 5: Benzodiazepines and Z-drugs

Debbie Rigby
Clinical Associate Professor / Advanced Practice Pharmacist, Pharmeducation

This presentation aims to provide the health care professional with the principles of rational prescribing and dispensing of benzodiazepines and z-drugs, as well as recommendations of best practice for tapering and discontinuation of these medicines when applicable.

November 10

[ADD TO CALENDAR](#)

Reflective Practice Groups as a Form of Supervision

Chris Dawber
CNC / Psychotherapist, Consultation Liaison, Psychiatry & Addiction, Sunshine Coast HHS

Reflective Practice Groups (RPGs) aim to promote reflection and critical thinking, provide support, foster team cohesion and help mitigate stress and compassion fatigue in healthcare workers. This talk will explore how RPG can support the interpersonal aspects of caring and explore complex clinical and practice issues in a supportive group environment.

November 17

[ADD TO CALENDAR](#)

“But it's the Least of Their Problems...” – Barriers to Smoking Cessation in Young People Aged Under 18yrs

Rebecca Mounsey
Senior Social Worker, Dovetail

Dr Hoi Yan Li
Advanced Clinical Educator, Insight

Young people aged under 18 experience different tobacco related harms to adults and current smoking cessation treatments and policy are focussed on adults and don't respond to harms unique to young. This presentation will summarise a qualitative study conducted with clinicians from multiple disciplines and across several settings around the barriers to smoking cessation in young people.

November 24

[ADD TO CALENDAR](#)

Global Perspectives on Regulating Substances

Dan Phillips
Advanced Psychologist, Biala Psychosocial Treatment Team

Jim Hunt
Nurse Educator, Insight

Global regulation of substances was dominated by the United Nations Single Convention of Narcotic Drugs in 1961 which was followed by the Convention of Psychotropic Substances in 1971. So began the “war on drugs”. This presentation will look at differing global approaches to the control of substances and highlight the differences between decriminalisation and legalisation.

December 1

[ADD TO CALENDAR](#)

You CAN Ask That!

Special Guest Panel

For the final presentation of the year a panel of esteemed AOD experts will attempt to answer the complex and curly questions you have submitted over the previous 6 months. Test out their smarts as part of a forum for discussion and knowledge exploration - one which may just provide the answer to that question you have always wanted to know but were too afraid to ask.

Submit your question anytime to <https://insight.qld.edu.au/survey/239>