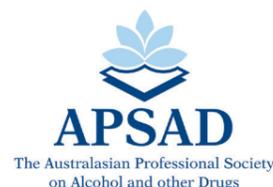


# Insight Seminar Series - Semester 1, 2021



Insight Seminars are proudly delivered in partnership with the Australasian Professional Society on Alcohol & other Drugs



# insight

Centre for alcohol and other drug training and workforce development

**FREE – Wednesdays 10:00 – 11:00am (AEST)**

Join via webinar by visiting [www.insight.qld.edu.au](http://www.insight.qld.edu.au) – Select “Webinars” for more information. Insight - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655 [insight@health.qld.gov.au](mailto:insight@health.qld.gov.au)

**March 10**

[ADD TO CALENDAR](#)

## MDMA: Its historical use in psychotherapy and its future as a prescription medication.

**Dr Stephen Bright**  
Senior Lecturer of Addictions, Edith Cowan University

Up until MDMA was prohibited in the 1980s, it was being used as adjunct to psychotherapy. In the past 20 years, research into the efficacy of MDMA-assisted psychotherapy has recommenced internationally with one Phase 3 clinical trial now complete and more underway. This presentation will provide an overview of the recent research conducted overseas. It will also provide a glimpse into how these treatments are being examined in Australia and what the future of MDMA-assisted psychotherapy might look like in Australia.

**March 17**

[ADD TO CALENDAR](#)

## Gabapentinoids.

**Dr Mark Daglish**  
Director of Addiction Psychiatry, Hospital Alcohol & Drug Service

Harmful & dependent use of gabapentinoids has become an increasing issue for AOD services. Gabapentinoids have important pharmacological actions and interactions. Services are working out how to manage gabapentinoid dependence.

**March 24**

[ADD TO CALENDAR](#)

## Evolution of an AOD Workforce to Include Peer Workers as an integrated Multidiscipline Team.

**Gemma Nevin & Alan Gude**  
Advanced Peer Worker / Team Leader, LADDERS

LADDERS is the first successful opportunity for Metro South Alcohol and Drug Service to incorporate AOD Peer Workers into the composition of a team. This presentation takes you through a journey of the initial, previous and current staff and how we evolved and overcame the barriers to create a truly integrated MDT. It will highlight the trials and tribulations, lessons learnt, insights and the benefits of Peers within a MDT.

**March 31**

[ADD TO CALENDAR](#)

## Substance Use Through The Ages.

**Dr Jeremy Hayllar**  
Clinical Director, Metro North Mental Health – Alcohol & Drug Service

This talk will take a journey into substance use across the lifespan – starting around conception and extending through to old age and end of life care. En route we will consider poisonings in young children, the influence of trauma on substance use in later life, adolescent experimentation and delayed initiation in recent years, and substance use in adults and older Australians. All aboard!

**April 21**

[ADD TO CALENDAR](#)

## The link between anxiety and alcohol use: Implications for treatment and early intervention.

**Dr Lexine Stapinski**  
Senior Research Fellow, Matilda Centre for Research in Mental Health and Substance Use, University of Sydney

Anxiety and alcohol use disorders commonly co-occur, and when they do, symptoms are typically more severe, and less responsive to standard treatment approaches. If left untreated, anxiety and alcohol use can fuel each other in a cyclical relationship whereby each serves to maintain and exacerbate the other. This presentation will provide an overview of current evidence on the relationship between anxiety and alcohol use disorders, and psychological management of these co-occurring disorders, including new web-based tools that can be used to support clinical practice.

**April 28**

[ADD TO CALENDAR](#)

## Childhood trauma and its impact on pain sensitivity.

**Dr Molly Carlyle**  
Lives Lived Well Research Fellow, University of Queensland

Experiences of childhood trauma (abuse and neglect) are disproportionately higher in those with opioid use disorder (OUD). Childhood trauma may affect the reinforcing and rewarding properties of opioid drugs and responses to pain, potentially via developmental changes to the endogenous opioid system. The current research explored this link with consequent implications on interventions for OUD and early preventions, as well as the prescribing of opioids.

**May 05**

[ADD TO CALENDAR](#)

## Help! I Can't Sleep: Sleep Disorders and Mental Health.

**Dr Sara Winter**  
Senior Clinical Psychologist – Sleep Psychology Department, The Prince Charles Hospital

This presentation aims to provide an overview of normal sleep and the broad consequences of sleep disturbance. Sleep and mental health will then be discussed in more depth including associations and challenges. Evidence-based assessment and management will also be presented.

**May 12**

[ADD TO CALENDAR](#)

## Medicinal Cannabis - The Evidence.

**Dr Ian Thong & Anthony Hall**  
Neuroscientist and Pain Specialist, Interdisciplinary Persistent Pain Centre GCUH / Senior Clinical Pharmacist Persistent Pain Clinic, GCUH

Medicinal cannabis is the 'new kid on the block'. It is being prescribed for a variety of conditions including chronic pain. Some patients report benefit, however this is often not pain relief, rather other effects.

**May 19**

[ADD TO CALENDAR](#)

## The Role of Substance Use in Family and Domestic Violence.

**Dr Richelle Mayshak**  
Deakin's School of Psychology and the Centre for Drug use, Addictive, and Anti-social Behaviour Research

This presentation will explore factors associated with substance use and FDV, including longitudinal predictors. Typologies of FDV, models of violence, treatment, and practical implications will be discussed.

**May 26**

[ADD TO CALENDAR](#)

## Can we achieve a tobacco endgame or is it a pipe dream?

**Associate Professor Coral Gartner**  
NHMRC Centre of Research Excellence on Achieving the Tobacco Endgame, School of Public Health, The University of Queensland

This presentation will give an overview of the aims and planned research activities of the new Centre of Research Excellence on Achieving the Tobacco Endgame.

**June 2**

[ADD TO CALENDAR](#)

## Baclofen – Substance use treatment, or a Trojan Horse?

**Anita Myers**  
Clinical Nurse Educator, Insight

The past decade has seen an increasing interest in Baclofen as a breakthrough in substance use treatment. Some even to go as far as to call it a “cure”. But is it as good as the hype? Or has it got the potential to be just as harmful as helpful? This Webinar will take a dive beyond the hype into the published literature to see where the evidence actually sits for baclofen in substance use treatment.

**June 09**

[ADD TO CALENDAR](#)

## LGBT communities and substance use in Queensland, Australia: Perceptions of young people and community stakeholders.

**Dr Daniel Demant**  
Lecturer in Public Health, University of Technology Sydney

Members of LGBT communities are more likely to use illicit substances than the general population for reasons not just limited to discrimination while substance use and other health services do not cater to the needs of this population. This seminar will provide an overview of substance use in these communities as well as the perception and views of young community members and stakeholders from Queensland on this issue.

**June 16**

[ADD TO CALENDAR](#)

## Aboriginal and Torres Strait Islander Suicide Prevention.

**Professor Pat Dudgeon**  
Centre for Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention

Aboriginal and Torres Strait Islander suicide is the leading cause of death for Aboriginal and Torres Strait Islander people of 15 to 34 years of age, accounting for 1 in 3 deaths.

At the core of any solutions are concepts of community ownership and valuing culture. New approaches need to begin to engage with Indigenous people in ways that support self-determination and assist recovery and cultural maintenance are essential.

The National Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) developed an evidence base for what works in Aboriginal and Torres Strait Islander suicide prevention and a culturally appropriate evaluation framework.

The Centre For Best Aboriginal and Torres Strait Islander Suicide Prevention (CBPATSISP, UWA) was established in response to reduce the causes, prevalence and impact of suicide on Aboriginal and Torres Strait Islander individuals, their families and communities. This presentation will review main messages from the Solutions That Work Report and work of the CBPATSISP.

**June 23**

[ADD TO CALENDAR](#)

## Released Offender Alcohol & Drug Support (ROADS): Providing treatment on release.

**Heidi Deifel-Carlino**  
Senior Counsellor, Adis 24/7 Alcohol & Drug Support

Almost half the mortality of ex-prisoners has been identified as being a result of drug related causes with many of these deaths occurring in the first month. The ROADS program trials the option of a multi-session telehealth program with initial contact provided within 48 hours of release addressing substance use, mental health and overdose.