

# Insight Seminar Series - Semester 1, 2020

**FREE – Wednesdays 10:00 – 11:00am (AEST)**

Join in person or via webinar by visiting [www.insight.qld.edu.au](http://www.insight.qld.edu.au) – Select “Webinars” for more information.  
Insight Training and Education - Queensland - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655  
[insight@health.qld.gov.au](mailto:insight@health.qld.gov.au)

**March 11**

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## Challenging methamphetamine myths: How “Cracks in the Ice” aims to reduce stigma and encourage people to seek help.

**Dr Steph Kershaw**

Postdoctoral Research Fellow & Project Manager for ‘Cracks in the Ice’

There are many barriers that prevent people who use methamphetamine from seeking help, including stigma and discrimination. Cracks in the Ice is an online toolkit that provides evidence-based information and resources about methamphetamine for health professionals, families and the general Australian community. Cracks in the Ice also aims to challenge the many misconceptions about methamphetamine, as a way of reducing the stigma often associated with the drug.

**May 13**

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## Ibogaine: A solution or a false promise?

**Dr Nikola Ognyenovits**

Staff Specialist in Addiction Medicine, Alcohol and Drug Service, Metro North and West Moreton

Iboga root and the alkaloid ibogaine has been used for mainly opioid withdrawal treatment for decades in the alternative world. How does it work? How is it different to standard withdrawal treatments? What substance addictions can it be used for? What is the ideal setting for ibogaine treatment? What are the dangers and side effects? What are the legal issues? The presentation aims to give you answers to these questions.

**May 20**

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## Another milestone for MATOD? The use of long acting injectable buprenorphine preparations in the treatment of opioid use disorder.

**Dr. Jeremy Hayllar**

Clinical Director, Alcohol and Drug Service, Metro North Mental Health

In this talk the use of Buvidal® and Sublocade® will be discussed with reference to local experience with these new products.

**May 27**

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## New Toolkits for Trauma Informed Care & Sensory Approaches.

**Michelle Taylor**

Advanced Clinical Educator - Occupational Therapist, Insight

Insight has developed two new Tool Kits to support AOD Practice. These are the Trauma Informed Care Tool Kit and the Sensory Approaches Tool Kit. This webinar will provide an overview of the contents of these tool kits along with suggestions for application in practice.

**June 03**

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## Responding to inhalant use in Queensland.

**Cameron Francis**

Principal Consultant, Dovetail

Inhalant use presents a range of challenges for the service system. The cohort regularly using inhalants are often very young, frequently with backgrounds of complex trauma, and interfacing with the justice, health and child protection system. This presentation will provide an update on inhalant use in Queensland including information on the medical management of inhalant use, and strategies to assist coordinated multi-agency responses.

**June 10**

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## Quetiapine and substance use. Helpful or hazardous?

**Anita Myers**

Nurse Educator, Insight

Quetiapine has been used as a treatment for a large variety of substances including to aid in withdrawal and abstinence. However there is now growing concern that this treatment is becoming a drug of dependence in its own right. This talk will look at quetiapine, how it works, its evidence for use in treatment of substance use, adverse effects from its misuse and the evidence behind quetiapine withdrawal and management.

**June 17**

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## Helping women quit smoking during pregnancy

**Dr H Karen Li**

Clinical Psychologist & Tobacco Treatment Specialist

The harms of smoking on pregnant women and their baby are well known and up to 45% of women quit before their first antenatal visit however, 14.5% of pregnant women still smoke in pregnancy and many will relapse after giving birth. Current and future treatment and intervention options are discussed.

**June 24**

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## Treatment of stimulant use: What the evidence says

**Associate Professor Rebecca McKetin**

National Drug and Alcohol Research Centre

It has been estimated that 7.4 million people worldwide have an amphetamine use disorder, yet information on how to best to treat stimulant dependence is limited and often inconsistent. This talk will review the current global evidence on how effective different treatment approaches are for treating stimulant dependence. It will also discuss the need to address other harms associated with the use of stimulants.