Overview of the research that is being conducted examining SMART Recovery.

Groups run each week across 23 countries. The presentation will provide an overview of the research and this presentation will describe the changes relevant to clinicians.

Dr Steph Kershaw  
Postdoctoral Research Fellow & Project Manager for ‘Cracks in the Ice’

There are many barriers that prevent people who use methamphetamine from seeking help, including stigma and discrimination. Cracks in the Ice is an online toolkit that provides evidence-based information and resources about methamphetamine for health professionals, families and the general Australian community. Cracks in the Ice also aims to challenge the many misconceptions about methamphetamine, as a way of reducing the stigma often associated with the drug.

Dr H Karen Li  
Clinical Psychologist & Tobacco Treatment Specialist  
Department of Public Health, Queensland Health

Through a shot glass darkly: Understanding youth substance use through targeted assessment.

Case Manager for Youth Substance Abuse Research, The University of Queensland

Best practice in the treatment of substance use problems involves a comprehensive initial assessment and ongoing monitoring of treatment progress with standardised measures (e.g., validated questionnaires, interview schedule). However, the use of such measures can be time-consuming and raises the question of what should be measured to best guide treatment. This presentation will provide an overview of how theoretically-driven assessment can be harnessed to better personalise treatment and enhance clinical outcomes.