

**FREE – Wednesdays 10:00 – 11:00am (AEST)**

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**March 11**

[ADD TO CALENDAR](#)

## Challenging methamphetamine myths: How “Cracks in the Ice” aims to reduce stigma and encourage people to seek help

**Dr Steph Kershaw**

Postdoctoral Research Fellow & Project Manager for ‘Cracks in the Ice’

There are many barriers that prevent people who use methamphetamine from seeking help, including stigma and discrimination. Cracks in the Ice is an online toolkit that provides evidence-based information and resources about methamphetamine for health professionals, families and the general Australian community. Cracks in the Ice also aims to challenge the many misconceptions about methamphetamine, as a way of reducing the stigma often associated with the drug.

**March 18**

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## Treating alcohol problems in 2020

**Professor Paul Haber**

Clinical Director, Drug Health Services

Alcohol remains the most common problem presenting to drug treatment services in Australia. National Guidelines from 2009 are currently under revision and this presentation will describe the changes relevant to clinicians.

**March 25**

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## SMART Recovery: A summary of the research

**Dr Peter Kelly**

Associate Professor and Clinical Psychologist, University of Wollongong

SMART Recovery is a mutual support group for people impacted by addictive behaviours. It is widely used in Australia and internationally, with over 3000 groups run each week across 23 countries. The presentation will provide an overview of the research that is being conducted examining SMART Recovery.

**April 01**

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## Ibogaïne: A solution or a false promise?

**Dr Nikola Ognjenovits**

Staff Specialist in Addiction Medicine, Alcohol and Drug Service, Metro North and West Moreton

Iboga root and the alkaloid ibogaïne has been used for mainly opioid withdrawal treatment for decades in the alternative world. How does it work? How is it different to standard withdrawal treatments? What substance addictions can it be used for? What is the ideal setting for ibogaïne treatment? What are the dangers and side effects? What are the legal issues? The presentation aims to give you answers to these questions.

NO SEMINARS - HOLIDAYS

**April 22**

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## Helping women quit smoking during pregnancy

**Dr H Karen Li**

Clinical Psychologist & Tobacco Treatment Specialist

The harms of smoking on pregnant women and their baby are well known and up to 45% of women quit before their first antenatal visit however, 14.5% of pregnant women still smoke in pregnancy and many will relapse after giving birth. Current and future treatment and intervention options are discussed.

**April 29**

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## ROOM to improve? New tools for Routing Opioid Outcome Monitoring for people prescribed opioids for chronic pain

**Associate Professor Suzanne Nielsen**

Deputy Director, Monash Addiction Research Centre

This webinar will provide an overview of new screening tools that have been developed and validated for use in Australian populations prescribed opioids for chronic pain. The tools were developed to assist with monitoring for outcomes with prescribed opioids including assessing pain, side effects and problems that may emerge for people that are prescribed opioids.

**May 06**

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## Empowering Strong Families 4077 (ESF 4077) and Trauma informed Care

**Michelle Combo**

Psychologist – SQ-COE-ATSI-PHC MSHHS & Team Leader, Way Forward

**Leigh-Anne Pokino**

Case Manager ESF 4077- SQ-COE-ATSI-PHC MSHHS

**Melissa Dunbar**

Case Manager ESF 4077- SQ-COE-ATSI-PHC MSHHS

This webinar explores the type of support required to empower the women to get the best outcome for their unborn child while dealing with ongoing trauma and multiple stressors.

**May 13**

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## GHB (gamma hydroxybutyrate) – Its use as a recreational substance

**Dr Cheneal Puljević**

Research Fellow, Centre for Health Services Research and the School of Public Health, University of Queensland

This will be a presentation providing an overview of the recreational drug known as GHB. It will explore what are the demographics of the people using it, the effects of GHB and how it achieves them and the potential risks associated with its use.

**May 20**

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## Through a shot glass darkly: Understanding youth substance use through targeted assessment

**Associate Professor Matthew Gullo**

Centre for Youth Substance Abuse Research, The University of Queensland

Best practice in the treatment of substance use problems involves a comprehensive initial assessment and ongoing monitoring of treatment progress with standardised measures (e.g., validated questionnaire, interview schedule). However, the use of such measures can be time-consuming and raises the question of what should be measured to best guide treatment. This presentation will provide an overview of how theoretically-driven assessment can be harnessed to better personalise treatment and enhance clinical outcomes.

**May 27**

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## Treatment of stimulant use: What the evidence says

**Associate Professor Rebecca McKetin**

National Drug and Alcohol Research Centre

It has been estimated that 7.4 million people worldwide have an amphetamine use disorder, yet information on how to best to treat stimulant dependence is limited and often inconsistent. This talk will review the current global evidence on how effective different treatment approaches are for treating stimulant dependence. It will also discuss the need to address other harms associated with the use of stimulants.

**June 03**

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## Quetiapine and substance use. Helpful or hazardous?

**Anita Myers**

Nurse Educator, Insight

Quetiapine has been used as a treatment for a large variety of substances including to aid in withdrawal and abstinence. However there is now growing concern that this treatment is becoming a drug of dependence in its own right. This talk will look at quetiapine, how it works, its evidence for use in treatment of substance use, adverse effects from its misuse and the evidence behind quetiapine withdrawal and management.

**June 10**

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## Responding to inhalant use in Queensland

**Cameron Francis**

Social Worker, Dovetail

Inhalant use presents a range of challenges for the service system. The cohort regularly using inhalants are often very young, frequently with backgrounds of complex trauma, and interfacing with the justice, health and child protection system. This presentation will provide an update on inhalant use in Queensland including information on the medical management of inhalant use, and strategies to assist coordinated multi-agency responses.