

Insight Seminar Series - Semester 2, 2019

FREE – Wednesdays 10:00 – 11:00am (AEST)

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Insight Training and Education - Queensland - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655
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insight

Centre for alcohol and other drug
training and workforce development

August 21

[ADD TO CALENDAR](#)

The Great Divide - The Journey of Integrating Mental Health and Addiction Services and future Challenges

Richard Spence-Thomas
Director of Addiction and Specialist Services

The Sunshine Coast Mental Health Service and the Alcohol and Other Drugs Service became integrated in 2016. This presentation will provide an outline of some evaluation that has been conducted around this integration including the successes and challenges. Additionally the future direction of providing effective treatment and intervention to consumers with dual diagnosis will be discussed.

August 28

[ADD TO CALENDAR](#)

What's the latest for Queensland young people in AOD treatment?

Cameron Francis
Cameron Francis, Principal Consultant - Dovetail, QLD Health

The Youth Need Census - Queensland (ThYNC-Q) provides the first comprehensive study of young people in AOD treatment across Queensland. This presentation will highlight several interesting findings from ThYNC-Q that may be used to help guide areas for further development or consideration in your practice.

September 04

[ADD TO CALENDAR](#)

Connecting the dots: strengthening the opioid dependence treatment profile in Queensland.

Peter Cochrane
Acting Principal Project Officer

In response to the Queensland Parole System Review, the Queensland Government supported recommendation 31, to introduce opioid substitution treatment (OST) into all correctional centres (CCs). OST is now available across all women's CCs, and men's CCs in Mareeba and Townsville. This presentation will look at the processes, challenges and successes of bringing OST into the correctional environment and highlight the collaborative approach taken to deliver Stage 1 implementation.

September 11

[ADD TO CALENDAR](#)

Supporting child social emotional wellbeing when working with parents who use substances

Ruby Awram
Child Mental Health Workforce Consultant

So much of a child's long-term outcomes are affected by their earliest experiences. Whilst the AOD sector recognises the crucial need to support the social emotional wellbeing of children who live with parents using substances, there remains significant practice and organisational challenges. This webinar invites you to consider your own practice and how your organisation supports parents who use alcohol and other drugs to have conversations about their children's mental health using Emerging Minds: National Workforce Centre for Child Mental Health resources.

September 18

[ADD TO CALENDAR](#)

What does Opioid Stewardship mean for you?

Champika Shiromala Pattullo

This presentation will explore the key elements of the Queensland Opioid Stewardship Program in relation to pain management while avoiding unintended harm

NO SEMINARS - HOLIDAYS

October 16

[ADD TO CALENDAR](#)

Naltrexone – ‘hype or hidden potential’

Jeremy Hayllar
Clinical Director, Metro North Mental Health - Alcohol and Drug Service, QLD Health

Many of us will be familiar with naltrexone implants in the management of opioid use disorder. However there is a range of applications for naltrexone in AOD (and beyond). This presentation will discuss the use of naltrexone across a number of disorders.

October 23

[ADD TO CALENDAR](#)

Understanding the complex relationship between substance use disorders, mental health, family, community and culture.

Wole Akosile
Addiction Specialist/Senior Lecturer, Currumbin Clinic

The rates of SUDS in patients with non-substance use psychiatric diagnosis is very high. There is a complex interaction between both disorders the aetiological principles behind both disorders are likely similar and include social, environmental, psychological, genetic and epigenetic factors. Having these disorders come at a great personal cost to the individual, their families and broader society. This presentation will explore factors contributing to the development of both disorders beginning with early childhood environment, attachment and parenting styles. It will also explore the role of culture and society in perpetuating or curtailing these disorders. This paper will also explore its cost and toll to our society and family. Intervention will involve all levels of society and will take a cultural re-think to SUDS and non-substance use psychiatry diagnosis treatment.

October 30

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Alcohol and other drug treatment within a prison setting for Aboriginal men

Doctor Michael Doyle
Wingara Mura Research Fellow

Three-quarters of people in prison have a history of hazardous use of alcohol and other drugs (AOD), yet there is a paucity of research into AOD use and prison-based treatment. This lack of prison-based AOD research exists despite the enormous body of research conducted over many decades into problematic AOD use generally in Australia. The lack of existing knowledge has a disproportionately great impact on Aboriginal people because they are vastly over-represented in Australian prisons. Theoretically, under the principle of equivalence of care, people in prison should receive health care to the same standard as they could access in the community. However, this is may not always be the case.

November 06

[ADD TO CALENDAR](#)

Treatment, enhancement or lifestyle choice? The ethics of intervening in cognitive performance

Dr Cynthia Forlini
Lecturer in Health Ethics & Professionalism
School of Medicine, Faculty of Health
Deakin University

This presentation will review some of the key debates (including prevalence, safety, efficacy and personal choice) influencing the ethical acceptability of intervening in the brain and cognition with neurotechnology for the purpose of performance enhancement.

November 13

[ADD TO CALENDAR](#)

Trauma Informed Care in AOD Services: From principles to practice

Dr Melissa Connell
Clinical Psychologist, Queensland Health

Clients of AOD services have high rates of PTSD and prior exposure to trauma. Substance use is an attempt to cope with these difficulties. Unidentified and untreated trauma perpetuates the cycle of trauma, addiction and relapse. MNMH-ADS developed a model of Trauma Informed Care and Practice to address this problem. This presentation will outline how this model was implemented and give guidelines for AOD services who want to become trauma informed.

November 20

[ADD TO CALENDAR](#)

Oral ketamine augmentation for treatment anxiety and depression

Dr Angelo De Gioannis
Private Psychiatrist

The session will focus on the emerging evidence and practical experience accumulated so far in the use of ketamine in mental health.

November 27

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'Chemsex' among gay, bisexual and other men who have sex with men (MSM)

Dr Amy Mullens
Associate Professor/Clinical & Health Psychologist

Substance use within the men who have sex with men (MSM) community has been long established. However, 'chemsex', the use of recreational substances within the context of sexual activity (for the purposes of enhancement), has been an emerging area of research, particularly in Australia. Chemsex is most commonly associated with MSM and often involves stimulants, such as crystal methamphetamine. The current study was developed in partnership with the Queensland AIDS Council to inform future health promotion.

December 4

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Mind the gap: addressing mental health conditions in substance use treatment settings

Erin Madden
Research Officer, The Matilda Centre for Research in Mental Health and Substance Use

The high prevalence of co-occurring mental disorders in alcohol or other drug (AOD) treatment settings means workers often need to manage complex psychiatric symptoms that may interfere with their ability to treat client's AOD use. To improve workforce capacity to respond, the Australian Government Department of Health funded the development of evidence-based National Comorbidity Guidelines and an accompanying online training program. This presentation will provide an overview of the Guidelines and their resources.