

# Insight Seminar Series - Semester 2, 2018



Alcohol and other drug training and workforce development Queensland

**FREE – Wednesdays 10:00 – 11:00am (AEST)**

Join in person or via webinar by visiting [www.insight.qld.edu.au](http://www.insight.qld.edu.au) – Select “Training” then “Webinars” for more information.

Insight Training and Education - Queensland - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655

[insight@health.qld.gov.au](mailto:insight@health.qld.gov.au)

## AUGUST 22

### Transdiagnostic approaches in the treatment of co-occurring substance use and mental health problems: What are they?

**Associate Prof Petra Steiger**  
Senior Clinical Academic, School of Psychology, Deakin University

This presentation will outline the emerging literature on transdiagnostic mechanisms in the treatment of mental health and substance use disorders. Emotion regulation, impulsivity and high levels of reward seeking have all been discussed in the literature as possible transdiagnostic mechanisms to be targeted in treatment. Petra will discuss the advantages and challenges of this approach and will propose a model of how these universal mechanisms can be targeted in treatment within the AOD service system.

## AUGUST 29

### Lessons from the Patient Pathways study in delivering evidence-based practice

**Dr Victoria Manning**  
Senior Research Fellow, Turning Point, Monash University

This presentation will outline key findings from the Patient Pathways study which examined the treatment pathways and related outcomes of 800 clients seeking treatment at 20 AOD services in VIC and WA. It will give examples of how this evidence has been used to help shaped strategy and decision-making around funding, service expansion and system innovation.

## SEPTEMBER 05

### Domestic violence and AOD: Findings from the Queensland Death and Homicide Review Board

**Dr Kathleen Baird**  
School of Nursing and Midwifery - Griffith University & Gold Coast University Hospital

One of the significant benefits of death review processes is the ability to identify trends and patterns from qualitative analysis of the circumstances surrounding each of the deaths. This presentation will outline some of findings of the first Queensland Domestic and Family Violence Death Review and Advisory Board and discuss the findings that relate to alcohol and drug use.

## SEPTEMBER 12

### Past, present and future in the regulation of prescription opioids

**Dr Bill Loveday**  
Director - Medicines Regulation and Quality, Qld Health

A recent Coronial Inquest recommended an urgent real-time prescription monitoring system to prevent opioid-related deaths in Queensland. What is the role of regulators in managing misuse and diversion of prescription opioids? How will real-time reporting work in this area? And what are the implications for doctors, pharmacists and other healthcare professionals?

## SEPTEMBER 19

### Testing Times: Drug Checking in the UK with “The Loop”

**Cameron Francis**  
Principal Consultant, Dovetail

Drug checking services - which test the content of pills and powders in order to reduce drug-related harm - have been increasing around the world. In this presentation Cameron will shares his recent experience working on the frontline of drug checking services in the UK with The Loop, reflecting on some of the lessons and implications for the Australian context.

## SEPTEMBER 26

### Opioids: Scaling up the analgesic ladder wrong by wrong

**Dan Phillips**  
Advanced Clinical Educator, Insight

This presentation will include a detailed review of recent literature and research on the increased use of pharmaceutical opioids in Australia and overseas, examining current trends, rates of use and consequential impact to the Australian community.

NO SEMINARS OCTOBER 03 DURING QLD SCHOOL HOLIDAYS

## OCTOBER 10

### The Great Vape Debate

**Assoc Prof Coral Gartner**  
School of Public Health, The University of Queensland

This seminar will provide an overview of vaping, including what it is, its potential risks and benefits, arguments for and against using vaping for tobacco harm reduction and legal and regulatory issues. The presentation will also discuss research on vaping as a smoking cessation aid with an emphasis on current research among AOD clients.

## OCTOBER 17

### Foetal Alcohol Spectrum Disorder as an Indigenous Human Rights Issue

**Dr Janet Hammill AM, PhD, MTH, RN**  
Honorary Research Fellow - University of Queensland Centre for Clinical Research

For Indigenous Australians the developmental origins of health and disease provides an evidence-based perspective to unravel the historical reality of foetal programming well beyond the social determinants of health. Can the tragic reality of historical events be implicated as constituting biological genocide?

## OCTOBER 24

### HIV prevention and U=U

**Jacqueline McLellan**  
Sexual Health and HIV Service, Queensland Health

PrEP is providing a new approach to HIV prevention and reducing transmission rates. There is a parallel increase in STI rates and preventive behaviours are proving difficult to negotiate. Undetectable virus equals untransmissible virus but what are the grey areas?

## OCTOBER 31

### Becoming a trauma informed clinician: taming the inner chimp by talking to the elephant in the room

**Dr Michelle White**  
Co-Director of Psychology – Redlands, Metro South Addictions and Mental Health Service, Qld Health

Although the majority of our clients present with a history of trauma and ongoing symptoms of traumatic stress, it is typically not discussed or acknowledged as a significant factor in someone's mental health and/substance use difficulties. In this 'National Blue Knot Week' presentation we will explore what trauma informed care is - and what it is not - and how you can become trauma informed as a clinician.

## NOVEMBER 7

### Steroids: what are the risks and how can we reduce them?

**Dr Renee Zahnow**  
Lecturer in Criminology - University of Queensland

Use of anabolic androgenic steroids and related substances such as fat burners is no longer the sole purview of competitive body builders. This presentation will outline what we know about individuals who use steroids, internationally and in Australia; similarities and differences between steroid users and other NSP clientele and strategies for risk management through education and information sharing.

## NOVEMBER 14

### TBC

## NOVEMBER 21

### Portugal and beyond – alternatives to the War on Drugs

**Dr Jeremy Hayllar**  
Clinical Director, Metro North Mental Health - Alcohol and Drug Service, Qld Health

In his 28th seminar (!) Dr Hayllar will reflect upon his recent trip as part of a Queensland Mental Health Commission delegation to Lisbon in June - 18 years after illicit drug possession for personal use in that country was decriminalised. The approach taken by Portugal (and other countries) will be discussed alongside reflections on what could work in the Queensland context.



Insight Seminars are proudly delivered in partnership with the Australasian Professional Society on Alcohol & other Drugs

