

**FREE – Wednesdays 10:00 – 11:00am (AEST)**

Join in person or via webinar by visiting [www.insight.qld.edu.au](http://www.insight.qld.edu.au) – Select “Webinars” for more information. Insight Training and Education - Queensland - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655 [insight@health.qld.gov.au](mailto:insight@health.qld.gov.au)

**March 13**

## Queensland Alcohol and other Drugs Treatment and Harm Reduction Outcomes Framework - Official launch!

Sean Popovich  
Treatment Services Support Manager, QNADA

Jeff Buckley  
Director - Insight

Measuring the impact of AOD treatment and harm reduction is essential to ensuring clients and families continue to receive quality care. Since April 2016, the Queensland AOD Sector Network has been working with workers and services across the state to develop a series of client, organisational and system level indicators that can be used to measure the outcomes of our work. That work has now been completed and the Queensland Alcohol and other Drugs Treatment and Harm Reduction Outcomes Framework will be officially launched at this first Insight webinar for the year.

**March 20**

## Trauma Informed Care for Aboriginal and Torres Strait Islander clients

Michelle Combo  
Team Leader, Way Forward Project: An Indigenous Approach to Wellbeing Project - Metro South Addiction and Mental Health Services

This presentation will provide an overview of trauma informed care practices with Aboriginal and Torres Strait Islander clients, with a focus on why this approach is especially important for use with this population.

**March 27**

## What's the latest for Queensland young people in AOD treatment?

Cassie Davis  
Senior Psychologist, Dovetail

The Youth Need Census - Queensland (ThYNC-Q) provides the first comprehensive study of young people in AOD treatment across Queensland. This presentation will highlight several interesting findings from ThYNC-Q that may be used to help guide areas for further development or consideration in your practice.

**April 03**

## Recreational nitrous oxide use: The revisited global buzz

Associate Professor Jason Ferris  
Program Leader Drug Alcohol Crime Health Research (DACHR); Program Leader Research and Statistical Services Support (RASSS) - The University of Queensland

Non-medical, recreational use of nitrous oxide (N2O) has had a huge resurgence in recent years, with growing concern that regular use can lead to nerve damage and that the 'new' method of balloon is increasing the risk of fainting and disorientation. This presentation will report on data on N2O use from the Global Drug Survey based on almost 20,000 recent users.

NO SEMINARS APRIL 10, 17, 24

**May 01**

## Digital Mental Health in Practice

Heidi Sturk  
E-Mental Health in Practice (eMHP) - Deputy Director, Queensland University of Technology, Centre for Children's Health Research

This presentation will outline how to find evidence based online programs and resources to support the mental health and wellbeing of clients. Take a tour of some excellent digital resources available including how they can be integrated into practice.

**May 08**

## Medicinal Cannabis In QLD

Tanya Bain  
Manager, Office of Medicinal Cannabis - Chief Medical Officer and Healthcare Regulation Branch, Queensland Health

In August 2018 the Queensland Public Health (Medicinal Cannabis) Regulation 2017 was amended to expand access to medicinal cannabis by streamlining the requirements for a Queensland approval. This presentation will outline the key regulatory and procedural requirements for the prescribing of medicinal cannabis in Queensland for both single patient and patient class prescriber pathways.

**May 15**

## Working with individuals and families impacted by Fetal Alcohol Spectrum Disorders

Dr Vanessa Spiller  
QUT Psychology and Counselling Clinic Coordinator - Queensland University of Technology

This presentation will focus on what FASD “looks like” in the everyday life of those who experience the condition, followed by discussion on how health providers can better identify and support individuals with FASD and their carers.

**May 22**

## QuikFix personality risk-targeted brief interventions for substance use

Professor Leanne Hides  
NHMRC Senior Research Fellow & Lives Lived Well Professor of Alcohol, Drugs & Mental Health, Centre for Youth Substance Abuse Research, School of Psychology - University of Queensland

QuikFix is a coping skills enhanced motivational interviewing intervention, which targets personality risk variables underlying and maintaining substance use. A randomised controlled trial found QuikFix was more effective than traditional MI or an assessment feedback control. This presentation will provide an overview of the key components of QuikFix and describe how QuikFix is being applied in practice.

**May 29**

TBC

**June 05**

## Treatment of chronic Hepatitis C in Substance Use Population

Gary Keogh  
Clinical Nurse Consultant, QulHN - Better Access Medical Clinic, Brisbane

Mary Fenech  
Nurse Practitioner, QulHN - Better Access Medical Clinic, Brisbane

This presentation will provide an overview of changes in Hepatitis C virus therapy. It will include a discussion on its prevalence, new treatment options and the uptake of therapy amongst people substance using populations.

**June 12**

## Opiate Replacement Therapy in Pregnancy, Breastfeeding and the Newborn

Rachael Ramsay  
Nurse/Midwife Educator, Insight

This presentation will discuss the impacts of Opiate Replacement Therapy on pregnancy, breastfeeding and the newborn. It will discuss the pregnancy care needs of women on ORT, what follow up is required as well as the recommendation for breastfeeding. It will also cover the management of the newborn baby and what impacts this may have on the family unit.

**June 19**

## Sex, drugs, and men in Flux.

Mohamed Hammoud  
Senior Researcher, The Kirby Institute, UNSW Sydney HIV Epidemiology and Prevention Program

Garrett Prestage  
Lead Investigator, The Kirby Institute, UNSW Sydney HIV Epidemiology and Prevention Program

Gay and bisexual men (GBM) use licit and illicit drugs at higher rates compared to their heterosexual male counterparts. The only study of its type, Flux is a national prospective observational study of licit and illicit drug use among GBM. Flux examines individual trajectories of drug using behaviours and beliefs, and changes over time. This seminar will focus on the context, trends, and incidence of drug use, and factors predicting use and problematic use.

**June 26**

## Naltrexone – hype or hidden potential?

Dr Jeremy Hayllar  
Clinical Director, Metro North Mental Health - Alcohol and Drug Service, Queensland Health

Many of us are familiar with naltrexone implants and the abstinence movement in opioid use disorder. However there may be a range of other applications for naltrexone in AOD which this presentation will discuss.